

Hypnotism for Female Sexual Dysfunction or Other Concerns

Female Issue/ Dysfunction	Method/Results	Researchers
Primary orgasmic dysfunction	M.H. Erickson "crystal ball."	de Shazer 1978
Hot flashes in breast cancer survivors	16 women. 59% decrease in total daily hot flashes, 70% weekly decrease in total hot flashes.	Elkins, et al. 2007
Vaginismus	Follow-up 1-5 years on 35 patients (of 43) show no symptom substitution and normal sex lives.	Fuchs, et al. 1973
Vaginismus	Concludes "hypno-desensitization" is the treatment of choice.	Fuchs, et al. 1975
Severe Vaginismus	Successful case study using hypnoanalytic treatment.	Kampman & Kauppila 1978
Vaginismus, dysmenorrhea, dyspareunia, "frigidity," anxiety states	25 cases dysmenorrhea, 30 cases dyspareunia, 15 cases vaginismus, 12 cases "frigidity," 26 cases of anxiety - symptom removal by direct suggestion.	Leckie 1964
Anorgasmia	Neocortical thought processes acted upon using hypnosis.	Leo 1974
Embryo transfer during in-vitro fertilization	Case-control study.	Levitas, et al. 2006
Primary orgasmic dysfunction	Comparing a newly-developed integrated hypnoanalytic/behavior modification technique to a cotherapist/couples-type of treatment.	Obler 1982
Vulvar Vestibulitis	8 women. Significant decreases in exam and coital pain. Overall sexual function increased at post treatment	Pukall, et al. 2006
Vaginismus	2 women. Positive results.	Schneck 1965
Pre-orgasmia	M.H. Erickson "symptom utilization" and "ingratiating."	Stricherz 1982
"Frigidity"	Case study of woman resistant to other treatment. Recovery sustained at one-year follow-up.	Wijesinghe 1977
Breast growth stimulation	19 women. Hypnosis with suggestions for stimulating breast growth. Positive results.	Williams 1974